

FINDING
THE
PERFECT
BLENDER

PERSONAL BAKERY

THE COOL
BIRDS
HAVE
ONE

**FREE
RANGE
LIFE**

SHE'S NEVER
HAD A CAGE

HORSES

PHYTOESTROGENS
WHICH FOODS TO AVOID TO
KEEP HORMONES IN CHECK



A close-up photograph of a grey parrot, Jaime, perched on a wooden surface. The parrot has a large, dark beak and is looking slightly to the left. The background is dark with some colorful bokeh lights.

JAIME IN ONE
OF HER MANY
OPEN DOOR
HANGOUTS

free range chick

In her 21 years,
Jaime has never had
a cage or enclosure

Most of us could never consider allowing our feathered dinos of destruction to be allowed to roam free all day & night – especially without supervision. Jaime is obvi-

ously a queen who rules her court with care.

Jaime's hooman was promised by the pet store that, as a chick, Jaime would be kept in the back where her hooman can hand feed & help raise her. Unfortunately, some dimwitted employee did put baby Jaime out on floor, too close to the cage of a baby hyacinth macaw. The hyacinth, Grover, was able to reach through both sets of cage bars & injure Jaime's wing.

Jaime was thrown off balance by this injury & even after being brought home with her new mom, she couldn't perch or fly.

This meant a lot of falls.

Miserable in vet suggested enclosures, Jaime's mom tried housing her in the bathtub. Lined with warm blankets & toys, the bathtub was deemed an acceptable home by Jaime while her wing healed.

Afterwards, Jaime was so well behaved that her mom didn't see the need for a cage. Instead, the whole home is filled with open perches & hides.

But Jaime's favorite spot is still the bathtub ;)

JAIME LITTLE QUEEN'S personal bakery

12 GRAIN MOUNTAIN KAISER BUNS

HER SERVANT DRIVES TO ANOTHER CITY TO
GET THESE CUSTOM-MADE BUNS FOR JAIME.

ANOTHER CITY - 90 MINUTES AWAY.

OF COURSE, THIS TYPE OF SERVICE IS
EXPECTED WHEN CARING FOR ROYALTY.

*“no other bun
is worth
shredding”*
- Jaime

12 grain mountain kaisers have been discontinued
everywhere in her kingdom.

Thankfully the Sobeys Grocers of Red Deer, Alberta
humbly offered their services to Queen Jaime by con-
tinuing to make these desired food-toys for her alone.
Once a month, Jaime's servant hooman drives 3 hours
to bring home the personal batch of buns... Enough
to fill the entire back seat of the car.

Jaime doesn't eat these buns (carb attack!); instead she
rips them up into croutons. The best toy!



PHYTOESTROGENS



PHYTOESTROGENS ARE COMPOUNDS FOUND IN PLANTS.

THEY ARE BIOLOGICALLY ACTIVE, MIMIC ESTROGEN & ATTACH TO ESTROGEN RECEPTORS IN THE BODY

TOP PHYTOESTROGENICS:

per 100g	Phytoestrogens
Flaxseeds	379,380.4
Soybeans	103,920.0
Soy nuts	68,730.8
Tofu	27,150.1
Tempeh	18,307.9
Soy yogurt	10,275.0
Sesame seeds	8,008.1
Soy milk	2,957.2
Hummus	993.0
Soy bean sprouts	789.6
Mung bean sprouts	495.1
Dried apricots	444.5
Alfalfa sprouts	441.4
Pistachios	382.5
Dried dates	329.5
Sunflower seeds	216.0

Phytoestrogens can be very helpful for women whose natural estrogen is dropping with menopause, but they can cause a lot of trouble otherwise. For women who's natural estrogen is on the high side of average, they have been linked to cancers, fibrotic growths & infertility. Boy fed soy milk during development have grown breast tissue & very low testosterone.

PARROTS ARE MORE SENSITIVE TO ESTROGEN

Dr Catherine Davis conducted a study in New Zealand & Australia on the effects of phytoestrogens on parrots.

"We found that the parrots' oestrogen receptor was different. All of the parrot species have a unique sequence in the receptor gene, which may make them more sensitive to oestrogen, compared to other bird species, or humans. In parrots, this receptor contains an extra eight amino acids in the region that binds the hormone."

Want your birds to breed? Feed higher phytoestrogens.
Want to mitigate hormonal aggression? Decrease phytoestrogens.

"Unique oestrogen receptor ligand-binding domain sequence of native parrots: a possible link between phytoestrogens and breeding success"
Catherine E. J. Davis A., Adrian H. Bibby A., Kevin M. Buckley A., Kenneth P. Reproduction, Fertility and Development 30(2) 262-271
<https://doi.org/10.1071/RD17045> Published: 11 July 2017

FINDING THE PERFECT BLENDER



Most people buy an appliance for its performance, quality, durability... Not featherwhipped parronts. Not only do we have to be sure there is no Teflon or other toxic compound that can off-gas, we need to get approval from our feathered masters.

Jaime Little Queen hates blenders. Which is rough, because her hooman servant loves smoothies.

"My servant knows the rules of my kingdom," states Jaime, "if it scares me, it must be removed. Nothing stays without my approval".

To the embarrassment of the devoted servant mom, she returned 7 blenders to the same store before finding one that Jaime deemed acceptable to live with.

Yes, her picture is now up in the store's employee lounge to warn about the crazy birds lady. "Just smile & wave, boys"

The winner was the Hamilton Beach Personal Creations Blender with travel lid; model 51109CR. We hope for Jaime's sake that this blender has a long life & isn't discontinued! Enjoy your smoothies, hooman ;)

'we need to get approval from our feathered masters'



Merle_the_tiel asks:

“If a cockatiel could use Google, what would their search history look like?”

Our IG community replied:

- Feet pics
- Cornhub
- Onlytiels
- Only feathers
- Cocainseeb
- Artisan Millet
- Seed pics
- Birdhub
- “Alexa, order millet”
- How to get rid of cats
- Black market seeb
- Hiding your poopies
- Who is my real family?
- Reasons to scream
- Single tiels near me
- Tiels showing underfluffies
- How to make nuclear bomb
- How to manipulate people
- How to annoy my hooman at 3am
- Cockatiel cloaca pics unsensored
- Why is my parent featherless
- How did cockatiels get their cheddar cheeks?
- How to know you have a millet addiction
- How to climb everywhere without needing to fly
- Cockatiels screaming compilation 2 hours
- Has a bird ever come close to world domination?
- How to eat plants without my hooman noticing?

**WE HAVE A LOT OF
DISTURBED,
HUNGRY PERV BIRDS**

FeatherWhipped Classifieds



Sweet Pea's SEMINARS

The next seminar with guru Sweet Pea will be June 25th, 2024.

How to Flirt with Contractors

(and win that Handyman!)

Sweet Pea will be sharing all of her flirting secrets.

- How to get noticed
- How to not scare them off
- How to bark to catch the dog-lovers eye
- Drawing them to your fluff
- How to get those pets & scratches you desire

REGISTER TODAY!

[www.sweetpeasseminars.com
/howtoflirtwithcontractors](http://www.sweetpeasseminars.com/howtoflirtwithcontractors)



6 JUICY QUESTIONS FOR...

Jaime Little Queen

21, social media influencer

1

What is your favorite non-feathered animal?

Horses. I absolutely love them. My servant will take me on drives in the country to see them in the fields. She'll even take me to stables so that I can watch them in the fields & meet them up close. I have a horse book that we read often. I even love to fall asleep to the horse clip-clop videos on YouTube.

2

Who do you have a crush on?

I have a bit of a girl crush on Cosmo @cosmothefun nyparrot. But my real crush is an ekkie names George @georgetheecle ctus. He comes over for dates & I just love his candy corn beak!

3

When is your hatchday?

New years eve. I can't believe I'm already 21 years old!

4

What are some of your favorite things?

Car rides, cashews, shredding paper & making croutons out of kaiser buns

5

Why do you damage your feathers?

I'm horny. Birds have needs to, you know. I'm not allowed to make out with George, so I take my stress out on my feathers. I have dry skin, too, which is really irritating.

6

How do you wind down for sleep?

My servant DJ's for me every night before I go to sleep. My favorite is the horse clip-clops, I like to listen to crickets, lullabys, instrumental music & some jazz



I want to protect my parrots, but...

I don't want to stop kissing them, but I NEED lip balm

I MISS WEARING JEWELRY

I can't find moisturizers without toxic ingredients

I want to wear perfume again!

never fear, **FEATHERWHIPPED** is here!

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