



# BACON PANCAKES

PARROT'S QUARTERLY

THE OBSESSION

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BE AN  
ALBUM?

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# BACON PANCAKES

## INVESTIGATING AN OBSESSION

Thousands of people around the world have enjoyed watching Lago's "bacon pancake" videos. On the outside, he's just a cute bird chirping off his favorite phrase.

I needed to know, what's on the inside?

How did this quaker parrot come to be obsessed with bacon & pancakes?

In a private meeting, I asked Lago if he would open up about those 2 words. Staring pensively off for a minute, he wouldn't answer.

So I am left to consider to possibilities.

The most obvious root of Lago's obsession is simply food addiction. We all have our favorite foods that we can't imagine living without. There is a good chance that Lago once tasted the forbidden human food and has been simply asking all along for his caretaker to give him more. His caretaker knows that salty bacon is not a safe food for birds, so he can't get his fix. Maybe asking for bacon & pancakes – talking about it – is his only comfort while being denied.

I also considered turrets syndrome.

The possibility of turrets in parrots hasn't been broached in ornithology; given the strides that has been made in the study of parrot neuro-development, it could be a potential. It would be the best phrase ever repeated in a turrets patient!

Ruminating over the possible causes of Lago's "bacon pancake" obsession, I couldn't ignore that the root might be dark & frightening. Lago might have been a victim of the Crow Murder Gang's parrot-napping ring. Though not mentioned in mainstream media, the FBI has been investigating this dangerous crime syndicate for years. The CMG captures young parrots, putting them through horrific psychological torture for fun, then releases them on unsuspecting parrots. They may have force-fed Lago bacon & pancakes. Perhaps the CMG kept Lago tied up in a dark room blasting "bacon pancakes" at deafening levels. For Lago's sake, I hope that this is not the root of his obsession...

We all hope that the root of Lago's obsession with bacon & pancakes is a positive one.

Personally, I'm hoping the Lago is simply practicing his "safe word" for when he hits spring fever with his future lover.



# every bird needs a best friend

...and accomplice



COSMO  
the IRN

Lago's best friend is his great-uncle, Cosmo. Cosmo is beautiful blue Indian Ringneck who lives with Lago's great-grandmother but spends much of his time hanging out on Lago's perch.

Having grown up together since chicks, this unlikely-in-the-wild friendship is strong... and criminal.

These two wannabe gangsters have already been sent to juvenile detention twice.

Their first sentencing was after being caught red-winged at the scene of an attempted plant-slaughter. Working together, they were strong enough to push an orchid off its windowsill. Soil spilled out across the entire kitchen like a scene in a horror movie. The plant suived, leading to less time served.

Their second arrest was on charges of theft, public mischief, vandalism and destruction of property. Lago and Cosmo thought that it would be a good idea to steal & destroy a loaf of bread that their caretaker left on the counter. Though a less violent crime, the judge gave a harsher sentencing since it was their second arrest.

Lately these best friends can be seen in the park throwing the ball around, making a racket chasing jar lids and balls...

Hopefully their days of crime are behind them & these boys can enjoy a long life of friendship in freedom.

**"HOPEFULLY  
THEY WILL  
LEARN THEIR  
LESSON BEFORE  
THEY END UP  
BEING TRIED  
AS ADULTS"**

He's all about playing coy...

Lago is teasing his fans with the  
idea of an album.

# IS LAGO releasing HIS FIRST *single?*

We've seen quick reels of him rapping, singing & scatting, so we know the talent is there!

According to Lago's mom, he practices all day long. The big question on everyone's mind is, what genre of music will it be? His be-bob 50's, R&B with rap or his scatting jazz?

**"Guitars  
are  
scary..."**

Like many young musicians, Lago is going through a teen identity crisis which comes through in his work. Pig, dog, rooster, chicken, duck or parrot? Sounds of each animal comes through his music. Lago's keeping his beak tight on this rumored project. The only tidbit he'll give us is that if there is a single in the works, the music won't include guitar. "Guitars are scary, evil instruments & I won't go near one" Lago told his manager last year. Guitar or no, we want to hear you sing, Lago!





# FeatherWhipped Classifieds

## SPARE HOOMAN FOR SALE



My spare hooman has served me all he can, so I'm selling him off to another bird who can get good use out of him.

Owl, falcon, parrot, chicken, duck... Can be of good use to all feathered friends.

Is trained to accept bites, scratches, nail punctures and being chased.

### DETAILS:

- 6'2" tall – a good height for practicing arial attacks & dive bombing
- has really big feet for land attacks, chasing & sitting : size 12!!
- is a builder by trade, so he can fix all damage to trim, floors, walls, doors (not that this is an admission of cause of such damage by any feathered friend). He can also build play stands, coops, sheds... whatever you need!
- I fed him well – he comes a little fluffy for better grip during practice attacks; plenty of meat to sink your talions or beak into...

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# THE DANGERS OF PERFUMES



Did you know: 3,500+ synthetic chemicals are used in perfume today? Companies are not required to list those chemicals – they all just neatly tuck under the word “fragrance”. Most of those synthetic chemicals are not safe; many are classified as highly toxic. Linked to endocrine disruption, cancer, organ toxicity, reproductive & development toxicity & immunotoxicity. Those are just the dangers for people. How much more toxic would those synthetic fragrance chemicals be for birds?

We know that birds have extremely sensitive respiratory systems. Birds air sacs are designed to be more efficient at oxygen metabolism, which makes them more susceptible to toxic compounds. Death from breathing in too many volatile compounds in the air can happen very quickly or slowly with small doses of toxins every day. Of course, birds can also absorb toxic compounds through their skin.

## *& a natural solution*

I'm one of those weirdos with chemical sensitivities. Since 1999, I haven't been able to be around any synthetic compounds without feeling sick. Building materials, cleaning products, body care products... So I've been making people & parrot-safe perfume for a few decades.

### FeatherWhipped Perfume

*I* share my safe, natural perfumes under the FeatherWhipped brand. Made with only pure plant oils, safe essential oils and absolutes. Here is the key: a properly diluted ratio.

Not all essential oils are safe, so i'm careful in my selection. An oil-based natural perfume keeps birds safe from aerosoled molecules. Always put the fids first ;)



FeatherWhipped Jasmine Perfume

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# ***SAFETY TIPS** from this issue*

## **Essential Oils** and birds

Essential oils can kill your bird if you don't use them safely! Research which are safe & which are toxic, even when diluted in a carrier oil.



### **NEVER:**

- \* use undiluted essential oils
- \* diffuse, aerosol or spray essential oils
- \* heat essential oils (steam, candles, melts, plug-in diffusers)
- \* blend essential oils with water & spray in the air

## **Don't let your bird play with metal guitar strings**

Most strings are made of metals that are toxic to parrots:

Bronze (copper + tin)

Brass (copper + zinc)

Nickel strings RUST quickly (rust is toxic).



## **Safe Houseplants**

Many houseplants are toxic to birds, so parrots need to make sure they are bringing in safe species.

### **BUT:**

If you live in a country where houseplants are imported from other countries, **be aware that those plants are HEAVILY sprayed with toxic pesticides & herbicides** before crossing the border.

Even if you have a non-toxic species, it's best to replace all of the soil & cut the plant back to the roots. Or, easier, get slips from old plants at a friend's house.



## 3 FLUFFY QUESTIONS FOR...

Lago the Quaker

*3, social media influencer*

1

**How do you  
eat your peas?**

Peas are only  
good fresh & in  
the pod.

If all gone, I'll  
accept a frozen  
pea - but only  
if Mom hand  
feeds me.

2

**What is your  
favorite activity?**

Supervising Mom.  
Dish washing,  
vacuuming,  
laundry... If  
not for my  
supervision,  
Mom would  
do it all wrong.

3

**What is your  
favorite toy?**

Anything loud  
& annoying.  
I really like my  
measuring cups  
& love jar lids -  
the metal is  
really loud & I  
can throw them.  
That's important  
to a Quaker! We  
need to beat our  
toys into  
submission,  
daily.

